

Basketball Australia Anti-Doping Policy – Q & A

What is Basketball Australia doing to prevent doping in basketball?

Doping is cheating and contrary to the spirit of basketball. Basketball Australia condemns doping as fundamentally contrary to the spirit of sport and has implemented a World Anti-Doping Code compliant Anti-Doping Policy, which is part of Basketball Australia's National Integrity Framework.

Basketball Australia's Anti-Doping policy sets the expectations for all Participants and also outlines policies to regulate behaviour and ensure action can be taken against those who fail to adhere to anti-doping standards and expose the sport to undue risk.

Who does the Anti-Doping Policy apply to?

This policy applies to all Participants and Clubs who are members of, or involved in Competitions or Events that are organised or sanctioned by, Basketball Australia, a state or territory association or the NBL.

What substances and methods are banned under the Anti-Doping Policy?

The current list of prohibited substances and methods is available on the WADA website:

<https://www.wada-ama.org/>.

The Prohibited List is reviewed and updated by 1 January each year and it is important that you are aware of any changes.

Who's responsible for making sure any vitamins and supplements I'm taking are allowed?

You are. Every athlete must take responsibility for complying with Basketball Australia's Anti-Doping policy. Athletes are solely responsible for what is found in their system and ignorance is no excuse.

What if I'm not aware of substances that are banned?

The Anti-Doping Policy adopts the strict liability principle for positive tests. This means that intent, fault, negligence, or knowing use is not required to establish a rule violation.

All participants have a responsibility to know what they are taking and why they are taking it.

I'm unwell and need to visit my GP, should I tell them about the Anti-Doping Policy?

Yes. While your GP may not be a specialist in sports medicine or anti-doping, they should be able to check whether any medication they prescribe or recommend is on the WADA Prohibited List.

I have a medical condition and need to take a medication that is on the Prohibited List, what should I do?

You may at times need to use a prohibited medication to treat a legitimate medical condition. In these situations you may be eligible for a Therapeutic Use Exemption (TUE). Please refer to the ASADA website for

more information about TUEs and whether you need to apply for one in advance of taking the medication:
<https://www.asada.gov.au/therapeutic-use-exemption>.

My coach has encouraged me to take a new organic supplement, what should I do?

To ensure they are compliant with the Anti-Doping policy, all players should not accept any medications or supplements without checking their anti-doping status. Substances can be checked through Global DRO:
<http://www.globaldro.com/AU/search>

Who can be tested under this policy?

All athletes included in the Registered Testing Pool will be directly notified that they are subject to anti-doping testing, both in competition and out of competition.

All National Team athletes as well as players in the National Basketball League, Women's National Basketball League, National Wheelchair Basketball League and Women's National Wheelchair Basketball League will also be subject to random in-competition drug testing,.

Players competing in SEABL and state level competitions may also be tested in-competition from time to time.

I don't take performance enhancing drugs so the Anti-Doping Policy is not relevant to me.

It's important to note that it is not only positive test results that can lead to an anti-doping rule violation and playing sanction. ASADA also has the power to conduct investigations into potential violations – irrespective of positive test results being submitted.

Basketball Australia's Anti-Doping Policy outlines ten possible anti-doping rule violations. The violations include:

- Presence of a prohibited substance or its metabolites or markers in an athlete's sample,
- Use or attempted use by an athlete of a prohibited substance or prohibited method,
- Refusing or failing without compelling justification to submit to sample collection after notification as authorised in applicable anti-doping rules, or otherwise evading sample collection,
- Violation of applicable requirements regarding athlete availability for out-of-competition testing,
- Tampering or attempted tampering with any part of doping control,
- Possession of prohibited substances and prohibited methods,
- Trafficking or attempted trafficking in any prohibited substance or prohibited method,
- Administration or attempted administration,
- Complicity, and,
- Prohibited Association.

More information on each of these Anti-Doping violations is provided in Basketball Australia's Anti-Doping Policy.

There's a lot of material on this and a lot to understand. Where can I learn more?

Basketball Australia is partnering with Australian Sports Anti-Doping Authority (ASADA) to deliver free Anti-Doping e-Learning courses. Some Participants will be directed to complete education as a condition of their Participation. All Participants are encouraged to complete the Level 1 course as a minimum.

The ASADA e-Learning courses can be accessed here: <https://elearning.asada.gov.au>

Basketball Australia has also provided this helpful one page summary of the Anti-Doping Policy
<http://basketball.net.au/wp-content/uploads/2017/04/KMD-Anti-Doping-Policy.pdf>

How do I report a breach of the Anti-Doping Policy?

Speak up! We all have a duty to speak up when we see something that is a breach of this policy. Reports can be lodged confidentially with ASADA at: <https://www.asada.gov.au/report-doping>

For more information on Basketball Australia's Anti-Doping Policy see:

- <http://basketball.net.au/wp-content/uploads/2014/12/BA-Anti-Doping-Policy-effective-1-January-2015.pdf>
- <http://basketball.net.au/integrity/>

This publication is intended to provide a summary of some of the key messages of the National Framework for Ethical Behaviour and Integrity in Basketball only and must not be relied on in place of the National Framework for Ethical Behaviour and Integrity in Basketball. The National Framework for Ethical Behaviour and Integrity in Basketball must be read in full. BA is not liable to users of this publication for any loss or damage however caused resulting from the use of this publication. BA reserves all of its rights.